



Howbridge Infant School Sport Offer 2025-26

At Howbridge Infant School our core values are: We are **kind**, we are **respectful** and we are **curious**.

Our school PE motto is 'Stay happy, keep healthy and be active. If you believe you will achieve.'

Physical Education	Sport & Competition	Physical Activity	Play	Health & Wellbeing
2hrs of high quality PE are planned weekly into our whole school timetable for every child. ** Two schemes of work: Get Set 4PE and the Children's Health Project compliment our PE teaching. Both are used alongside our own school progression map. This outlines the skills and knowledge from Reception all the way through to Year 2. ** We employ a specialist sports coach who works alongside Class Teachers for one PE session each week.	Special days and visitors are welcomed into our school. ** We are members of the Chelmsford Sports Partnership. This gives us access to level 2 competitions and also training for staff. ** We work closely with the Witham Schools and attend festivals together. ** We have after school clubs 2 days a week in the warmer months. ** Our school calendar ends with our annual sports day. ** Miss Rachel teaches dance weekly to our KS1 children. ** Jack from the School of Golf visits us for 12 weeks a year teaching golf skills. ** We work with Chance to Shine Cricket to provide cricket skill sessions to our children.	We have a dedicated outdoor learning space which children use weekly. Outdoor learning is planned as part of the whole school curriculum. The Reception children have access to their outdoor classroom all day for purposeful outdoor learning. ** Our lunchtime play is organised to include free and structured play. ** We have a large piece of outdoor climbing equipment where children can strengthen their upper bodies with climbing and problem solve when moving in different ways. ** Our sports coach leads multiskills and sports clubs at lunchtime for KS1 children. ** Active travel is encouraged and we have been working with neighboring schools and the community to develop this more.	All children are invited to participate in a lunchtime club. These are facilitated by school staff and are based on the children's interests. ** Children are encouraged to take leadership roles at lunchtime as 'Play Leaders'. ** Active learning is encouraged in all areas of our curriculum. We pride ourselves in providing children with inviting role play and small world areas. As well as opportunities for malleable play, construction and craft.	Each class has a nominated Health Buster who form part of our Health and Sport Council. The council meets regularly to discuss important school matters. ** We have a team of Year 2 children who are our Mini MDAs and they help the other children during lunchtime. ** Our playground has a calm zone: The calm area for quiet time during playtime. ** We have dedicated Children's Health Project assemblies and lessons throughout the year where children work with the health heroes. ** PSHE is a key thread of our curriculum and we use the Jigsaw scheme to support this. We have been awarded Healthy Schools status. ** Each classroom has a dedicated calm space for children to use. ** Each KS1 class has a dedicated mindfulness session weekly with Abbey from Mini Mindfulness